



ARTS THERAPIES

THE ARTS TO EXPRESS ONESELF, TO FREE
ONESELF AND TO LIVE BETTER...



D R A M A T H E R A P Y

ACTIVATED BY A CONSCIENCE
AWAKENING FOR ORGANIZATIONS

THE SUBJECTS DISCUSSED

- Violence (physical, sexual abuse)
- Discrimination
- Intimidation
- Respect and self-respect
- Spices and savors (Cultures of the world)



“Art-therapy is a practice founded on the therapeutic usage of the artistic creation process.”

The bridge is the artistic mediation which is based on the relationship between the creative and therapeutic process which can eventually lead to positive educative and social results.

“Helping someone isn’t about taking responsibility for them, it is about helping them reengage in the game of life. It is not about responding in their stead; it is about their own response.”